



High Performance MMA

5708 South Florida Ave

Lakeland, FL 33813

[Http://highperformancemma.com](http://highperformancemma.com)

For More info Call Master Hurley at

863-701-2551

Kids Classes	Mon	Tues	Wed	Thurs	Fri	Sat
After School Leadership	400pm	400pm	400pm	400pm	400pm	
Cub Club 4-6 yrs old		530pm		530pm		
Core Martial Arts 7 yrs-up	600pm		600p			

Adult Martial Arts and Training Classes						
Adult Classes	Mon	Tues	Wed	Thurs	Fri	Sat
MMA Workout	500pm	1130-100p 8pm	500pm	1130-100p 8pm		
Core Martial Arts	600pm		600pm			
Basic Kickboxing	700pm		700pm			
Masters Muay Thai		700pm		700pm		1000AM
Machado Jiujitsu	800pm Basic	600pm Masters	800pm Basic	600pm Masters		Open Mat 1100am